



“Allergies are nothing to sneeze about

Dr Inna Aslainian MD

If you think you are the only one to suffer from allergies, then think again.

Allergies affect all types. It can be as minor as a dry itchy nose, to too severe debilitating conditions.

Do you suffer from runny or itchy nose, itchy eyes and roof of mouth, sneezing, stuffed or plugged nose, dark circles under eyes?

If yes then there is help for you in the form of a natural supplement Called ImmunoCare. ImmunoCare has been clinically tested at the University of Guelph, Human Nutraceutical Research Department and used to treat these conditions.

What are the most common allergens?

Common allergens in the air are pollen, mold, animal dander and dust. Many other things, can make your allergy symptoms worse.

Pollen comes from trees, grass and weeds. Allergies that occur in the spring (late April and May) are often due to tree pollen. Allergies that occur in the summer (late May to mid-July) are often due to grass and weed pollen. Allergies that occur in the fall (late August to the first frost) are often due to weed pollen.

Mould is common where water tends to collect, such as shower curtains, window moldings and damp basements. It can also be found on rotting logs, hay, mulches, commercial peat moss, compost piles and leaf litter. This allergy is usually worse during humid and rainy weather. West coast USA and Canada and the Atlantic areas usually experience allergic reactions to winter moulds.

Animal dander is made up of bits of skin and hair from pets. Both are allergens. You can be exposed to dander when handling an animal or from house dust that contains dander.

Dust contains allergens, including dust mites. Dust mites are tiny living creatures found in bedding, mattresses, carpets and furniture. They like places where it's warm and humid. They live on dead skin cells and other things found in house dust.





Things that make allergies feel worse

Aerosol sprays, perfumes, air pollution, cold air, humidity, fumes, tobacco smoke, wind and wood smoke.

Are allergies life-threatening?

Allergies are rarely life-threatening, but serious allergic reactions can occur. These include swelling of the respiratory passages, shortness of breath, and anaphylactic reaction. People who suffer from allergies have an increased chance of developing respiratory infections and may be more susceptible to developing asthma. The majority of allergy sufferers are affected by reduced efficiency in daily activities, decreased energy levels, and a reduced quality of life.



Don't despair ImmunoCare developed by a Calgary company has been treating people with these symptoms for over 8 years with remarkable results. ImmunoCare has been clinically tested and has been shown to reduce histamine the cause of these reactions.

Try ImmunoCare, it may help you....

Dr. Inna Islanian is a European trained medical doctor. She specializes in allergies and immunology. She trained and worked for fifteen years at the Moscow Institute of Clinical Immunology, and the Moscow Pediatrics Institute as an Allergist and Immunologist. She is a trained Homeopathic Physician, and currently practices in Markham, Ontario, Canada.

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